

Speaker Format

Welcome to the _____ meeting of Heroin Anonymous. My name is _____ and I am a heroin addict. Before we begin, please silence all cell phones. Please help me open this meeting with a moment of silent meditation followed by the Serenity Prayer.

Heroin Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from heroin addiction. The only requirement for membership is a desire to stop suffering from heroin addiction. There are no dues or fees for membership; we are self-supporting through our own contributions. H.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other heroin addicts to achieve sobriety.

This is an open meeting of Heroin Anonymous. Everyone is welcome. In keeping with our primary purpose, we ask that all who participate confine their discussion to their problems with heroin.

Is there anyone here that has less than 30 days of sobriety? If so, will you please let us know who you are so we may become better acquainted after the meeting?

This group believes in sponsorship, a sponsor is someone who will help guide you through the twelve steps. Will willing and able sponsors please identify yourselves.

I have asked _____ to read "A Way Out".

The 7th Tradition reminds us we are fully self-supporting through our own contributions. I have asked _____ to read the 12 Traditions while we observe the 7th.

If you do not have a home group and would like to join the _____ Group, please see me or any of our home group members after the meeting. Would all home group members please raise their hands?

Are there any group announcements?

Today I have asked _____ to hand out key chains to recognize various lengths of sobriety.

Today our speaker is _____, who will share their experience strength and hope with us. (speaker will speak for approximately 45 minutes).

5 minutes before end of meeting - We would like to thank _____ for sharing their experience strength and hope with us today. Is there anyone who has a desire to use? If anyone raises his or her hand - "Someone will speak to you after the meeting."

Is there anyone who does not have a sponsor? If anyone raises his or her hand - "Someone will speak to you after the meeting."

Before closing we will have _____ read A Vision For You.

We will now close with a moment of silent meditation and ask that _____ lead us in a prayer of his or her choice.