

OUR PRIMARY PURPOSE

When other addicts are asked to not share in our meetings, we are not excluding them. It is our way of saying we have limitations in our effectiveness with their addiction and there are others who are better qualified than us to help them. By maintaining our singleness of purpose, we establish realistic expectations with whom we can help and it promotes humility, which helps us to recognize our limitations and is essential to our recovery.

Here are the guidelines for defining a H.A. group –

All members of a group are heroin addicts, and all heroin addicts are eligible for membership.

A group's primary purpose is to help heroin addicts recover through the 12 Steps.

By respecting our format, you are being respectful of Heroin Anonymous, the 12 Traditions, and contributing to the unity of H.A.

Our 5th Tradition states - Each group has but one primary purpose - to carry its message to the heroin addict who still suffers.